In a series of experiments during mid 1930s, a team of researchers in New York helped establish that bacteria of the species *Toxoplasma gondii* can infect humans, and in infants can cause toxoplasmosis, a disease that inflames brains, lungs, and hearts. The team included Abner Wolf, David Cowen, and Beryl Paige. They published the results of their experiment in "Human Toxoplasmosis: Occurrence in Infants as an Encephalomyelitis Verification of Transmission to Animals". Toxoplasmosis is an infection that causes inflammations in the brain (encephalitis), heart (myocarditis), and lungs (pneumonitis). The disease is caused in organisms that consume items contaminated by the protozoan parasite *Toxoplasma gondii*. The bacteria can transfer from pregnant women to their fetuses during pregnancy (congenitally), and it can lead those fetuses to develop physical deformities and mental disabilities. The 1930s experiments established *Toxoplasma gondii* as a human pathogen and helped increase research into congenital toxoplasmosis, enabling later researchers to develop measures to prevent against the disease in pregnant women.

Prior to 1938, researchers who had studied suspected cases of congenital toxoplasmosis had often misdiagnosed the cases, and no one had connected together correctly diagnosed cases of the infection. Wolf, Cowen, and Paige worked at Columbia University's College of Physicians and Surgeons in New York City, New York. Their 1938 report examined and compared previous cases, along with their own case study of an infant born in 1938 who they suspected had the same disease. The researchers saw in all of the cases similarities in the symptoms reported and in the physical structures of the microbes found in the infected organs.

Wolf and Cowen, both members of the neuropathology department at Columbia University, conducted preliminary experiments in transferring encephalomyelitis from infants to animals in 1937 and 1938, and they observed the microbe protozoan *Toxoplasma* in the process. Afterwards, Wolf and Cowen learned of an infant born at the Babies Hospital in New York City, New York, whom doctors suspected had congenital toxoplasmosis. Paige, a member of the pathology department at Columbia University and a pathologist at the Babies Hospital, joined Wolf and Cowen to study the infant.

Upon the infant's death, the researchers took tissue samples from the infants brain and studied them. They tested the cross-pathogenicity of *T. gondii* between humans and animals. In 1937, Albert Sabin and Peter Olitsky at the Rockefeller Institute in New York, New York, had published work that influenced Wolf's team. Sabin and Olitsky had shown that samples of tissues taken from humans and from other animals infected with *T. gondii* were similar to each other in terms of form and manifestation of toxoplasmosis. Sabin and Olitsky sought to demonstrate the human pathogenicity of *T. gondii*, and to prove that *T. gondii* caused the encephalomyelitis observed in similar cases prior to their 1937 study. Wolf, Cowen, and Paige's experiments showed that *T. gondii* could transfer from humans to other animals and cause toxoplasmosis in those animals.

Cowen, Paige, and Wolf described *T. gondii* as having a crescent shape and measures around four to six microns in length, and two to three microns in width. They also describe *T. gondii* as having one or two pointed ends, and that it has a central chromatin body, in which the bacteria's genetic material is stored. The researchers also noted that *T. gondii* attacks tissues in the central nervous systems of hosts more often than tissues in other areas of the body, despite its ability to infect virtually any tissue in any organism.

According to Wolf, Cowen, and Paige, the infant in their case study fell ill three days after birth. The infant developed symptoms similar to an eleven-month-old infant who had died of an increasing hydrocephalus, to a two-day-old infant who had died of convulsions, and to a four-month-old infant who had died of hydrocephalus, which were cases described by other scientists. The symptoms included convulsive seizures, lesions in the eyes, and difficulty breathing. The infant from The Babies Hospital died one month after it was born. The researchers then performed an autopsy on the child's central nervous system, which revealed encephalomyelitis, indicated by clusters of areas of inflammation (granulomas), body tissue death (necrosis) in the brain, and inflammation of the choroid/retina (chorioretinitis) in the right eye. The researchers took slides of tissue damage.
Sources

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