

[Craig C. Mello \(1960- \)](#) ^[1]

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Craig C. Mello is an American developmental biologist and Nobel Laureate, who helped discover [RNA interference](#) ^[4] (RNAi). Along with his colleague [Andrew Fire](#) ^[5], he developed gene knockouts using RNAi. In 2006 Mello won the [Nobel Prize in Physiology or Medicine](#) ^[6] for his contribution to the discovery of RNAi. Mello also contributed to developmental biology, focusing on gene [regulation](#) ^[7], cell signaling, cleavage formation, germline [determination](#) ^[8], [cell migration](#) ^[9], cell fate [differentiation](#) ^[10], and morphogenesis.

Mello was born in New Haven, Connecticut on 18 October 1960 to Sally Cameron and James Mello. During Mello's childhood, the family relocated from Connecticut to Falls Church Virginia and then to Fairfax, Virginia, where Mello's father became assistant director of the Smithsonian Museum of Natural History in Washington, DC. Mello recalled memories of the outdoors, camping, searching for fossils, watching wildlife, and hiking the Blue Ridge Mountains. Mello formed an affinity for science, later stating that science is the best way to approach the world because it asks questions and admits no absolutes. Mello attended Fairfax High School.

In 1978 Mello attended [Brown University](#) ^[11] and in 1982 graduated with an undergraduate degree in biochemistry. For graduate school, Mello first attended [University of Colorado](#) ^[12] at Boulder where he studied the nematode worm *C. elegans* in David Hirsh's lab and met [Mike Krause](#) ^[13], [Jim Kramer](#) ^[14], [Ken Kemphues](#) ^[15] and [Jim Priess](#) ^[16], who all collaborated with Mello. Mello later commented that Hirsh's lab was foundational to his career, helping him improve his laboratory skills and expand his knowledge of molecular biology.

When Hirsch left the university during Mello's first year there, Mello transferred to Harvard University in Cambridge, Massachusetts and began working in Dan Stinchcomb's lab. The Stinchcomb lab was located near Victor Ambros's lab and because both labs were studying *C. elegans*, the two labs consolidated into a joint lab, which they called the Worm Lab.

While conducting research at Harvard, Mello encountered limitations with the existing technology. Mello and coworker [Andrew Fire](#) ^[5] took the initiative to develop new techniques for DNA transformation in [worms](#) ^[17]. [Ken Kemphues](#) ^[15] had introduced Mello to an "antisense" RNA-injection technique for silencing [genes](#) ^[18] in *C. elegans*. Using the more advanced technique he had learned from Kemphues, Mello began systematically turning off [genes](#) ^[18] in order to demonstrate their effect on development.

In 1990, Mello received his doctoral degree from Harvard. Mello accepted a post-doctoral position at the [Fred Hutchinson Cancer Research Center](#) ^[19] in Seattle, Washington, where he worked with [Jim Priess](#) ^[16]. From 1990 to 1994, Priess taught Mello about [gene regulatory networks](#) ^[20] and early developmental [genes](#) ^[18]. During this time, Mello and his colleagues investigated 8-cell stage blastomeres, patterns of development, cell fate and [embryogenesis](#) ^[21] in "The pie-1 and mex-1 Genes and Maternal Control of Blastomere Identity in Early *C. elegans* Embryos,".

In 1993 Mello, Draper and Priess published "Maternal Genes [apx-1](#) ^[22] and [glp-1](#) and Establishment of Dorsal-Ventral Polarity in Early *C. elegans* Embryo," which identified two [genes](#) ^[18] involved in cell fate and [cell migration](#) ^[9]. The authors found evidence that asymmetry in the [anterior-posterior axis](#) ^[23] and cell to cell interactions are important in the establishment of a polar dorsal-ventral axis. In 1994, Mello and colleagues co-published "Par-2, a Gene Required for Blastomere Asymmetry in [Caenorhabditis elegans](#) ^[24], Encodes Zinc-Finger and ATP-Binding Motifs" which investigated early [embryogenesis](#) ^[21] and asymmetrical cleavage patterns.

That same year, Mello became a faculty member at the University of Massachusetts Medical School in Worcester, Massachusetts and established his own lab. Mello and Fire began collaborating across the country and found that there is a mechanism in animals, called [RNA interference](#) ^[4] (RNAi) that protects the [genome](#) ^[25] from foreign genetic material, such as viruses. When exposed to specific types of [double-stranded RNA](#) ^[26] (dsRNA), target [genes](#) ^[18] turn off.

Mello later developed finer points in the RNAi hypothesis, such as the effect of dsRNA and the role of the antisense strand in RNAi. The collaboration between Mello and Fire proved to be successful and in 1998, they published their findings on RNAi in, "The Potent and Specific Genetic Interference by [double-stranded RNA](#) ^[26] in *C. elegans*", which has greater than four thousand citations.

In 2000 Mello joined the [Howard Hughes Medical Institute](#) ^[27] while at the University of Massachusetts Medical School. In 2003 Mello and Fire were the recipients of the [National Academy of Sciences in Molecular Biology](#) ^[28]. In 2005 Mello and Fire co-received the Gairdner Foundation International Award. In 2005 [The Wiley Prize in Biomedical Sciences](#) ^[29] went to Mello, Fire, Baulcombe and Tuschl. In 2006 Mello was co-awarded the [Nobel Prize in Physiology or Medicine](#) ^[6] for his co-discovery of

RNAi. Mello's influential body of work in the field of developmental biology has been cited over twelve thousand times.

Mello, who credits his original interest in biology to a 1978 article on bacteria engineered to produce insulin, would struggle with his daughter's Type I Diabetes, thirty years later. Mello stated that his daughter's illness made him realize the importance of medical applicability in research. As of 2010, the Mello Lab investigates embryonic patterning, cell fate and developmental timing, using RNAi. Mello is also co-director of the [RNAi Therapeutics Institute](#)^[30] at the University of Massachusetts Medical School.

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