Illustration of the movement of the three hemispheres of cells, the animal cap (dark green) the marginal zone (lime green) and the ventral cap (yellow) during frog gastrulation. The external view column (images a.1-a.6) shows gastrulation as it occurs on the outside of the embryo. The cross-section view column (images b.1-b.6) shows the internal view of gastrulation. The cross-sections are through the middle of the embryo.